

**Community Challenge Grant Program
Fiscal Year 2003-2004 Scope of Work**

Grant Number: 99-85642 –A4 Subcontractor: City of San Bernardino, Parks, Recreation and Community Services Department

GOAL: Increase knowledge of responsible reproductive behavior and health related issues, skills and opportunity for career and employment success, and support for growth and positive change for pre-sexually and sexually active adolescents, ages 10-17

Intervention Objective	Intervention Sites	Documentation & Evaluation	
Target 15 female youth (10-17 yrs.) 10 male youth (10-17 yrs.) Intervention: Mentoring Positive interactions, which may include but are not limited to, outings, assistance with homework, facilitation of involvement in extracurricular activities, with target group by volunteer mentors 4 hours per month for a period of six months. Expected Results After 4 hrs per month for a minimum period of 6 months of face-to-face contacts between mentor and mentee, 80% of target group will show 20% increase in scores on post-test showing a greater clarity of life goals, improved perception of personal support and improved perception of self-worth. Start Date: <u>7/01/03</u> Completion Date: <u>6/30/04</u>	Parks, Recreation and Community Services City of San Bernardino Mentoring Program (Office) 547 Sierra Way – San Bernardino	<ul style="list-style-type: none"> • (Pre/post test of all participants w/80% match. • Attendance • Mentor/mentee contact logs • Enrollment Rosters • Mentor recruitment activity form • Required quarterly reports • Evaluation requirements implemented per state directives 	
	Strategy →	Key Activities/Time Frame	Staff or Subcontractor
	1. Recruit and train mentors	1-2 Q	1. Mentoring Program
	2. Refer youth to FOCUS Project mentoring program to assure 26 mentor/mentee matches.	1-2 Q	2. Public Health Case managers, Parks and Recreation staff
	3. Assure 25 mentee/mentor matches by 12/31/03	1-2Q	3. Mentoring Program
	4. Provide ongoing support training and activities for mentors and mentees.	1-4Q	4. Mentoring Program
	5. A. Administer pre tests in July for mentees continuing in the program and at enrollment for new mentees B. Administer post tests to each mentee after six months of participation.	1 - 2Q 3-4Q	5. A. Mentoring Prog. with Evaluation Team consultation DPH Case managers B. Mentoring Prog. With Evaluation Team consultation
	6. Maintain separate FOCUS Project mentee records for data collection and quarterly report.	1-4 Q	6. Mentoring Program

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GOAL: Increase knowledge and understanding of positive parenting, family interactions, and parent (mother and father) involvement with their children for families of at-risk youth

Intervention Objective	Intervention Sites	Documentation & Evaluation
<p>Target 25 parents* of youth ages 10-17yrs</p> <p>Intervention: Parent Involvement* Through monthly parenting groups for parents* and other adult family members, that include presentations and workshops information and education will be provided including positive parenting, adolescent issues, communication, community resources, recreation and visual and performing arts activities.</p> <p>Expected Results At least 20 parents* of adolescents will complete 4.5 hours of group and or individual sessions. 80% of participants completing will show a 20% increase in knowledge and indicate efficacy to conduct skills discussed during program participation and feeling of connectedness and perceived social support in a post assessment format. *Parents include significant adult/parent/guardian of a youth of the target population (10-17 years old).</p> <p>Start Date: <u>7/1/03</u></p> <p>Completion Date: 6/30/04</p>	<p>Parks, Recreation and Community Services City of San Bernardino Mentoring Program 547 Sierra Way, San Bernardino</p>	<ul style="list-style-type: none"> • Local evaluation • Activity/ curriculum reports • Focus groups check list • Attendance logs • Enrollment Rosters • Evaluation requirements implemented per state directives
	Strategy → Key Activities/Time Frame	Staff or Subcontractor
	<ol style="list-style-type: none"> 1. Identify target families and enroll parents* in monthly parenting groups. 1-4Q 2. Participants participate in determining appropriate programs of interest to the target population. 1-4Q 3. Programs planned and arranged. 1-4Q 4. Outreach activities conducted for monthly parenting groups. 1-4Q 5. Program implemented 1-4Q 6. Appropriate forms & reports completed 1-4Q 7. Focus groups conducted 2Q, 4Q 	<p>1-6. Mentoring staff</p> <p>7. Mentoring staff, LLUSPH Evaluation Team</p>

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GOAL: Administrative Compliance

Intervention Objective	Intervention Sites	Documentation & Evaluation	
Target Subcontract Collaborative Partners Intervention Enter into a collaborative partnership with Dept. of Public Health (lead agency) to fulfill the project goals and project requirements. Expected Results Contract compliance with delivery of program services including target numbers, documentation and evaluation requirements. Start Date: <u>7/1/03</u> Completion Date: <u>6/30/04</u>	County of San Bernardino Department of Public Health 505 N. Arrowhead Avenue, Suite 201 San Bernardino, CA 92415-0048	<ul style="list-style-type: none"> • Collaborative Meeting Attendance Rosters • Quarterly Progress Reports • Evaluation Documents including monthly participation records and pre and post tests 	
	Strategy → Key Activities/Time Frame		Staff or Subcontractor
	1. Agency director and/or designee will attend at least 5 out of 6 collaborative administrative meetings 2. Identify staff to participate in FOCUS Project and/or regional or mentoring training as available. 3. Participate in evaluation activities as directed by the local and statewide evaluators 4. Submit monthly attendance and documentation for data entry by the 10 th of the following month. 5. Submit quarterly reports per requested format to the Dept. of Public Health (lead agency) by the 10 th of the month following the end of each quarter.		1-5. Subcontractor agency director and/or designee